

# Jaypee University of Engineering & Technology, Guna

## Brief Report on International Yoga Day

### June 21, 2017

The dream of our Honourable Prime Minister Shri Narendra Modi Ji is to see world citizens lead a healthy life. The physical, mental, and spiritual health can be attained through practice of our ancient technique of performing Yoga. He called upon our fellow citizen to celebrate international yoga day on 21st of June every year. This day is revered as a day for yoga and people whole-heartedly participate in this initiative world over. We at JUET, Guna celebrated this day by organizing Special Yoga Session for residents of JUET. The session was well received by the participants. The memorable moment of this session was captured in the form of photographs.



